

**Student-Athlete
Parent/Guardian
HANDBOOK**



Westwood Community Schools
PREPARING BETTER STUDENT ATHLETES
2012-2013

DEVELOPED AND PROPOSED BY:
Student Athletes - Parents - Coaches - Athletic Administration

TABLE OF CONTENTS

Introduction, Mission, Vision and Philosophy	1
Governing Bodies	2
To the Parent/Guardian	3-4
Team Regulations	5-6
Westwood Code for Coaches	7
Eligibility / NCAA Eligibility Standards	8-12
Probability of Competing Beyond High School	13-14
Disciplinary Policy, Violations	15-16
PCEP Banned Drug Reference	17
Insurance, Equipment, Transportation, Trainers	18
Phone Numbers	18
Sports by Season	19
Student Athlete – Parent Contract	20

INTRODUCTION

Welcome to the Westwood Community Schools athletic program. This handbook is designed to serve as a guide for the student athlete and his/her parent or guardian. The mission statement and philosophy is the cornerstone of the program; the sections, to the parent/guardian and the athletic code of conduct outline the expectations placed on both. In addition, you will find sportsmanship expectations, eligibility rules for both our state Michigan High School Athletic Association (MHSAA), and the National Collegiate Athletic Association (NCAA).

This document will be revised on an ongoing basis to accommodate the need for change. The 2008-2009 edition marked the first addition of our handbook. We welcome your comments or suggestions. Please forward them to the athletic department office and we will make sure that they are reviewed and considered.

It is our belief that athletics can play a significant role in a student's academic success. Interscholastic athletics models life's experiences for learning and growth in terms of leadership, teamwork, work ethic, character, and building responsible and productive citizens. Please make the reading of this handbook a part of this process. Remember, participation in school sponsored athletic programs is a privilege and not a right. Please read this booklet carefully together, athlete and parent/guardian, and sign and return the athletic contract to your respective coach.

MISSION STATEMENT

**TO PREPARE ALL STUDENT-ATHLETES TO UNDERSTAND THE IMPORTANCE OF ACADEMIC SUCCESS,
WHILE DISPLAYING INTEGRITY AND SELF-DISCIPLINE.**

VISION

ALL STUDENT ATHLETES WILL VALUE AND APPRECIATE ACADEMIC PROGRESS.

PHILOSOPHY

Westwood's athletic program is an integral part of the total curriculum of the school. It provides wholesome opportunities for young people to learn lessons in sportsmanship, teamwork, competition, and self-discipline. Athletics play an important part in helping students develop a healthy self-concept as well as a healthy body. Athletic competition adds to our school spirit and school pride.

Westwood Community School's athletics provides young people with an opportunity to participate in a wide variety of sports. Such participation is a privilege that carries with it responsibilities to the school, the sport, the student body, the community, and to the student-athlete.

The interscholastic athletic program shall be conducted in accordance with the Goals and Criteria of Westwood Community Schools and existing school policies, rules, and regulations. While the administration takes great pride in winning, it does not condone "winning at any cost" and discourages any and all pressures, which might neglect good sportsmanship and wholesome competition. At all times, the athletic program must be conducted in such a way so as to justify it as an educational activity.

Westwood Community School's philosophy makes clear the fact that athletics is a competitive experience, and therefore, not all athletes receive the same participation opportunities in games and contests. This philosophy supports that athletics is a learning experience and that all student-athletes, regardless of ability, will be afforded opportunities to develop the intangibles such as skill development, commitment, perseverance, self-discipline, self-efficacy, etc. These skills are essential life skills.

ATHLETIC GOVERNING BODIES

Westwood Community Schools operate under guidelines of the Michigan High School Athletic Association, Inc. (MHSAA) and the Western Wayne Athletic Conference, which utilizes National Federation High Schools (NFHS) rules. The following paragraphs describe, in brief, the functions of these organizations.

THE MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION (MHSAA)

Westwood Community Schools is a voluntary member of the Michigan High School Athletic Association and compete with member schools. As a member school district, the schools of Westwood agree to abide by, and enforce, all rules and regulations of the MHSAA. The MHSAA is more than rules, officials, and tournaments. It is a private, non-profit corporation, operating as a service and regulatory agency focusing on safety, scholarship, sportsmanship, opportunity and education. For more information visit the website at: www.mhsaa.com

WESTERN WAYNE ATHLETIC CONFERENCE (WWAC)

Robichaud High School is a voluntary member of the Western Wayne Athletic Conference.

THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATION (NFHS)

The National Federation is both a service and regulatory agency. The growth and influence of state associations and the National Federation ensures some degree of teamwork on the part of more than 18,000 schools and enables them to formulate policies for the improvement of school athletics. MHSAA follows the NFHS guidelines. For more information visit the website at: www.nfhs.com

TO THE PARENT / GUARDIAN

We believe that athletics will contribute significantly to the overall development of your student. As with academics, parental involvement in these programs helps to ensure a quality experience for all concerned. The coaches and athletic administration encourage you to be an active participant in the following ways:

1. Read this handbook with your student-athlete and become familiar with the policies and procedures.
2. Promote good study habits and the importance of high academic standards before athletic performance.
3. Encourage good attendance in classes in addition to practices and games.
4. Help your student-athlete develop sound nutrition and rest habits.
5. Enforce the fact that the use of drugs, alcohol and tobacco has no place in school or athletics.
6. Support your team's booster club and various fund-raising efforts through active participation.
7. Know your student-athlete's schedule and assist them with transportation to and from school.
8. Support your student-athlete by attending as many events as possible.
9. Demonstrate good sportsmanship toward players; including visiting athletes, coaches, officials & fans.
10. Keep lines of communication open by talking to coaches and athletic administrators when questions arise.

PARENT / GUARDIAN and COACH COMMUNICATION

Both parenting/guardianship and coaching are extremely difficult in this day and time. By establishing an understanding of each role, we are able to communicate the benefit of extra-curricular activities to the student-athlete. As parent/guardian, when your student becomes involved in the athletic program, you have a right to understand what the expectations are that are being placed on the athlete. This begins with clear communication from the coach.

As a parent/guardian, you should expect to receive the following information from the coach:

1. Philosophy of the coach.
2. Expectations the coach has for your student-athlete as well as all players.
3. Locations and times of all practices.
4. Team requirements, i.e., fees, special equipment, off-season conditioning, fundraising, etc.
5. Discipline that results in the denial of your student-athlete's participation.
6. Parent/athlete feedback forms available for your constructive input at the conclusion of the season (optional)

The coach of your athlete's sport expects to receive the following communications from the parent/guardian:

1. Express your concerns directly to the head coach and not to other parents, players or coaches.
2. Notification of any schedule conflicts well in advance, if possible.
3. Specific concern in regard to a coach's policies/procedures and expectations.

During your student-athletes involvement in our program, he or she will experience some of the most rewarding moments of his or her life. It is important to understand that there also may be times when things do not go the way you wish. At these times, discussion with the coach is strongly encouraged.

Appropriate concerns to discuss with coaches:

1. What the expectations are for your student-athlete during practices and games.
2. Ways to help your student-athlete improve.
3. Concerns about your student-athlete.
4. Academic support and college opportunities.

It is very difficult to accept that your student-athlete is not playing as much as you may hope. Coaches are professionals who make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with a coach. **Other things must be left to the discretion of the coach.**

Issues not appropriate to discuss with coaches are the following:

1. Playing time
2. Play calling
3. Team strategy and coaches decisions
4. Other student athletes

IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH, THIS IS THE PROCEDURE YOU SHOULD FOLLOW:

There are situations that may require a conference between the student-athlete, coach and the parent/guardian. These are to be encouraged. It is important that all parties involved have a clear understanding of the other's perspective. When these conferences are necessary, the following procedure should be used to help promote a resolution of the issue:

Use the "24 hour rule" – wait until 24 hours after the contest or practice to discuss a situation with a coach. The situation may look and feel very different after you have had time to reflect upon a concern.

Do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution. Please make an appointment with the coach so all parties are prepared to discuss concerns in an appropriate time and place.

Chain of Command to be followed

1. First, if possible, the athlete should talk directly with the coach.
2. Then, if needed, the parent/guardian should call to set up a meeting with the coach. If this is either a freshman or junior varsity player, the Head Varsity Coach needs to be contacted before taking the next step.

If a satisfactory answer or resolution has still not occurred:

3. The school athletic director should be contacted. The athletic director will determine who the appropriate parties should attend the meeting. This may be a one on one meeting or include the student-athlete, coach, and parent/guardian.
4. At this meeting the appropriate next step can be determined if the situation is still unresolved.

**BE SURE YOU HAVE FOLLOWED THE PROPER CHAIN OF COMMAND WHEN
SPEAKING TO COACHES**

1st Student-Athlete talks with coach

2nd Parent makes an appointment to talk with coach

3rd Athletic Director is contacted and AD determines who will attend the meeting

4th Future discussions to be determined by athletic director

TEAM REGULATIONS

Each athlete must strive toward the development of good citizenship and leadership at all times.

Game ejection – Automatic game suspension (minimum)

Any athlete suspended from school for any reason, will be required to spend a similar suspension from all athletic contests upon his return to school. Athletes who are suspended are not allowed to practice on days they are suspended. If suspension occurs during a pre-season practice time, the athlete will miss the first regular season contest (minimum). Any athlete receiving a third suspension from school during the same season, the student athlete will be removed from the team.

- Student athletes must attend school a minimum of three hours in order to participate in any athletic activity. Exceptions to this policy must be approved by the school administration.
- Any athlete owing a fine from a previous sport may not participate in present sport until fine has been paid.
- All athletes must adhere to the following rules at all times:

No use of tobacco products

No drinking of alcohol

No stealing

No use of controlled substances including anabolic steroids

No changing of grades on weekly eligibility cards

No lending in season sport pass to an unauthorized person.

- Failure to comply with rules listed above will be dealt with as follows:

*Refer to athletic department disciplinary policy

QUITTING A SPORT

- Any athlete quitting any sport may not participate in another sport until acknowledgement is given to the head coaches of the two sports involved and approval granted by the Athletic Director and both coaches.
- Any athlete quitting a team cannot return to that team during that season without meeting the requirements of the Athletic Director and coach of that team.
- When an athlete changes sports and teams, he/she must officially be on the eligibility list of the new team before practicing.

DRESS FOR ATHLETES

- Every athlete and coach representing Westwood Community Schools shall be expected to present a neat, clean, well-groomed appearance.
- It shall be the responsibility of each coach to encourage proper dress and general appearance necessary to best represent Westwood Community Schools while participating in interscholastic athletics.
- Generally, coaches and athletes should do everything possible to ensure that Westwood athletic teams look their best and represent our schools well.

UNIFORMS

- Athletic teams shall be uniformly dressed for all interscholastic athletic contests.
- It shall be expected that all teams at every level in every sport be neatly dressed for all practice sessions.
- Uniforms shall be issued prior to each athletic season, and collected immediately after season is completed. Uniforms for games shall not remain in the athlete's locker. There will be some exceptions in some sports for practical reasons.
- Practice uniforms and gear may remain in the athlete's locker when necessary and feasible.
- Game uniforms, practice gear, bags, warm-up jackets and pants issued by the Athletic Department **are not** to be worn at any time other than an athletic contest or practice.
- An athlete shall be totally responsible for any uniform, practice gear, jacket, etc. issued to him/her by the Athletic Department (Coach). He/she shall reimburse the Athletic Department for any lost, misplaced, or stolen equipment.
- The coach in charge will be responsible for collecting all items belonging to the Athletic Department at the end of the season.
- If a coach cannot collect the gear belonging to the Athletic Department, or the fee for the lost items, he should present to the Athletic Director the name of the athlete and the items outstanding and replacement cost for those items.
- Athletes will not receive any awards until his/her responsibility toward uniforms or equipment has been met.
- An athlete in Westwood Community Schools shall not wear the gear of an athlete of another school at any time.
- No equipment shall be given to an athlete unless it is on an approved list.
- School colors are Red, Black, and White all uniforms will be these three colors.
- Team uniforms are to be treated with respect and care by the athlete.

WESTWOOD - ATHLETIC CODE FOR COACHES

In association with MHSAA standards

- The Coach is the official representative of the school at interscholastic athletic activities. In this important capacity, these standards will be practiced:
- Develop an understanding of the role of interscholastic athletics and communicate it to players, parents, and the public.
- Develop an up-to-date knowledge of the rules, strategies, safety precautions, and skills of the sport and communicate them to players and parents.
- Develop communication and model policies for athletes' conduct and language in the locker room, at practice, during travel, during competition, and at other appropriate times.
- Develop fair unprejudiced relationships with all squad members.
- Hold no less than 3 total hours of study table sessions per week throughout the season.
- Allow athletes time to develop skills and interests in other athletic and non-athletic activities provided by the school and community groups.
- Give the highest degree of attention to athletes' physical well being.
- Teach players, by example, respect for school authorities and contest officials, providing support for them in cases of adverse decisions and refraining from critical comments in public or to the media.
- Teach players strict adherence to game rules and contest regulations.
- Attend required meetings on time, keep abreast of MHSAA policies regarding the sport, and be familiar with MHSAA eligibility and contest regulations.
- Be the first line of defense in identifying student eligibility issues (i.e. transfers and academic).
- Present a clean and professional image in terms of personal appearance and provide a positive role model in terms of personal habits, language and conduct. Use of tobacco of any kind within sight of players and spectators and use of alcohol anytime before a contest, (on the day of the contest), is not acceptable.
- Coaches will not promote or encourage the use of performance enhancement drugs or supplements.
- Collectively as athletes, coaches, parents and administrators, we will treat everyone with dignity, respect and create a positive athletic environment.

10 POINT CHECKLIST FOR STUDENT ELIGIBILITY

If you cannot check all 10 items see your Athletic Director or Principal.

- You were enrolled in a high school no later than Count Day.
- You will not have turned 19 before September 1st.
- You have had a physical examination since April 15, and it is on file in the school's athletic office.
- You have not been enrolled in more than 12 trimesters or 8 semesters in high school (grades 9-12).
- You have passed at least 4 full credit subjects in the previous trimester or semester of enrollment.
- You are currently passing at least 4 full credit subjects.
- You have not received money or other valuable considerations for participating in MHSAA sponsored sports.
- You have not changed schools without a corresponding move by your parents or persons with whom you were living.
- You have not participated in non-school contests in your sport after having reported for your school team.
- You have not competed in an all-star or national championship after having played for a high school team in the same sport.

MHSAA ELIGIBILITY RULES

MHSAA – Senior High School – Summary

To be eligible a senior high student must comply with the following rules:

1. **AGE** – High school students become ineligible if they reach their nineteenth (19) birthday before September 1 of a current school year.
2. **PHYSICAL EXAMINATION** – Students must have on file, in the school's athletic office, a physician's statement for the current school year (after April 15) certifying that he/she is physically able to compete in athletic practices and contests. Students may not tryout or practice until a physical form is on file.
3. **ENROLLMENT** – Students must be enrolled in school prior to the fourth Friday after Labor Day (1st semester) or the fourth Friday of February (2nd semester). A Student must be enrolled in the school for which he or she competes.
4. **SEMESTERS/TRIMESTER OF ENROLLMENT** – Students can not be eligible in high school for more than twelve(12) trimesters or eight (8) semesters with the last two being consecutive. Students are allowed four first semesters and four second semesters of competition and cannot compete if they have graduated from high school.
5. **SEMESTER/TRIMESTER RECORDS** – Students must have passed at least four full credit subjects in the previous trimester or semester of enrollment, and must be currently passing four full credit courses.
6. **TRANSFER STUDENTS** – A student in grades 9 – 12 who transfers to another high school is not immediately eligible to participate in an interscholastic contest or scrimmage in the school to which the student transfers, unless the student qualifies for immediate eligibility under one or more of the published exceptions.

Students and parents anticipating a change of schools should first seek advice from their current high school athletic administration.

8

7. **UNDUE INFLUENCE** – The use of undue influence by any person directly or indirectly associated with a school to secure or encourage the attendance of a student for athletic purposes, shall cause the student to become ineligible for a minimum of one semester or equivalent trimesters
8. **LIMITED TEAM MEMBERSHIP** – After practicing with or participating with high school teams, students cannot participate in any athletic competition not sponsored by his or her school in the same sport during the same season.

Exceptions include ice hockey and all individual sports, which apply the rule from the point of a student's first participation in a contest or scrimmage, rather than practice.

9. **ALL-STAR COMPETITION** – Students shall not compete at any time in any sport under MHSAA jurisdiction in all-star contests or national championships regardless of the method of selection. Participation in such a contest shall cause that student to become ineligible for a maximum period of one year of school enrollment.
10. **AWARDS AND AMATEURISM** – Students cannot receive money or other valuable consideration for participating in MHSAA sponsored sports or officiating in interscholastic athletic contests, except as allowed by the HANDBOOK.

Students may accept, for participation in MHSAA sponsored sports, a symbolic or merchandise award which does not have value over \$25.00.

Banquets, luncheons, dinners, trips and admission to camps or events, are permitted if accepted "in-kind". Awards in the form of cash, merchandise, certificates, or any other negotiable document are never allowed.

STUDENT-ATHLETE ACADEMIC ELIGIBILITY POLICY

Education is the key to your successful future. In order to help you better reach your goals in life and athletics, Robichaud High School will put in place new academic eligibility requirements for the 2010-2011 school years. The following are the new academic guidelines of our athletic program.

- Students must be passing 4 of 6 classes in order to tryout for any team.
- Once on the team student-athletes must pass all core classes and carry no less than a 1.8 GPA to be academically eligible.
- All athletes will be checked every four weeks for academic eligibility. Those who drop below the required core class and GPA will be checked on a weekly basis and given the opportunity to get back on track.
- If you do not meet our academic eligibility requirements, you will be ineligible for all games until standards are met. However, the athlete may be allowed to continue to practice and participate in study table.
- Academically ineligible athletes must turn in an academic eligibility card every Thursday to once they become ineligible. Once the athlete becomes eligible for two consecutive weeks, they will then be off of the “card” and go back to four week checks along with the other eligible athletes.
- Once an ineligible athlete turns in an eligibility card that deems her/him eligible, they will immediately be eligible to participate in all Robichaud athletic events.
- All athletes will be required to attend a mandatory 3 hours of study tables per week. Study tables will be run by coaches at times that they see fit.

We are looking forward to having a successful season. We hope that you focus hard on your academics and continue your mission to be the best student-athlete that you can.



NCAA FRESHMAN-ELIGIBILITY STANDARDS QUICK REFERENCE SHEET

KNOW THE RULES:

Core Courses

- **NCAA Division I requires 16 core courses as of August 1, 2008.** This rule applies to any student first entering any Division I college or university on or after August 1, 2008. See the chart below for the breakdown of this 16 core-course requirement.
- **NCAA Division II requires 14 core courses.** See the breakdown of core-course requirements below. Please note, Division II will require 16 core courses beginning August 1, 2013.

Test Scores

- **Division I** has a sliding scale for test score and grade-point average. The sliding scale for those requirements is shown on page two of this sheet.
- **Division II** has a minimum SAT score requirement of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the four sections on the ACT: English, mathematics, reading and science.

All SAT and ACT scores must be reported directly to the NCAA Eligibility Center by the testing agency. Test scores that appear on transcripts will not be used. When registering for the SAT or ACT, use the Eligibility Center code of 9999 to make sure the score is reported to the Eligibility Center.

Grade-Point Average

- Only core courses are used in the calculation of the grade-point average.
- **Be sure** to look at your high school's list of NCAA-approved core courses on the Eligibility Center's Web site to make certain that courses being taken have been approved as core courses. The Web site is www.ncaaclearinghouse.net.
- **Division I** grade-point-average requirements are listed on page two of this sheet.
- **The Division II** grade-point-average requirement is a minimum of 2.000.

DIVISION I

16 Core-Course Rule

16 Core Courses:

- 4 years of English.
- 3 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 1 year of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or non-doctrinal religion/philosophy).

DIVISION II

14 Core-Course Rule

14 Core Courses:

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 2 years of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 3 years of additional courses (from any area above, foreign language or non-doctrinal religion/philosophy).

PLEASE NOTE: Beginning August 1, 2013, students planning to attend an NCAA Division II institution will be required to complete 16 core courses.

OTHER IMPORTANT INFORMATION

- Division II has no sliding scale. The minimum core grade-point average is 2.000. The minimum SAT score is 820 (verbal and math sections only) and the minimum ACT sum score is 68.
- 14 core courses are currently required for Division II. However, beginning 2013, students will be required to complete 16 core courses.
- 16 core courses are required for Division I.
- The SAT combined score is based on the verbal and math sections only. The writing section will not be used.
- SAT and ACT scores must be reported directly to the Eligibility Center from the testing agency. Scores on transcripts will not be used.
- Students enrolling at an NCAA Division I or II institution for the first time need to also complete the amateurism questionnaire through the Eligibility Center Web site. Students need to request final amateurism certification prior to enrollment.

For more information regarding the rules, please go to www.ncaa.org. Click on "Academics and Athletes" then "Eligibility and Recruiting." Or visit the Eligibility Center Web site at www.ncaaclearinghouse.net.

Please call the NCAA Eligibility Center if you have questions:

Toll-free number: 877/262-1492

NCAA DIVISION I SLIDING SCALE CORE GRADE-POINT AVERAGE/ TEST-SCORE New Core GPA / Test Score Index		
Core GPA Verbal and Math ONLY	SAT	ACT
3.550 & above	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85
2.000	1010	86

Estimated Probability of Competing in Athletics Beyond the High School Interscholastic Level

Men's Basketball

- Less than one in 35, or approximately 3.0 percent, of high school senior boys playing interscholastic basketball will go on to play men's basketball at a NCAA member institution.
- Less than one in 75, or approximately 1.2 percent, of NCAA male senior basketball players will get drafted by a National Basketball Association (NBA) team.
- Approximately three in 10,000, or approximately 0.03 percent of high school senior boys playing interscholastic basketball will eventually be drafted by an NBA team.

Women's Basketball

- About 3.3 percent, or approximately three in 100, of high school senior girls interscholastic basketball players will go on to play women's basketball at a NCAA member institution.
- About one in 100, or approximately 1.0 percent, of NCAA female senior basketball players will get drafted by a Women's National Basketball Association (WNBA) team.
- Approximately one in 5,000, or approximately 0.02 percent of high school senior girls playing interscholastic basketball will eventually be drafted by a WNBA team.

Football

- About 5.7 percent, or approximately one in 17, of all high school senior boys playing interscholastic football will go on to play football at a NCAA member institution.
- About 1.8 percent, or approximately one in 50, of NCAA senior football players will get drafted by a National Football League (NFL) team.
- Approximately eight in 10,000, or approximately 0.08 percent of high school senior boys playing interscholastic football will eventually be drafted by an NFL team.

Baseball

- Approximately three in 50, or about 6.1 percent, of high school senior boys interscholastic baseball players will go on to play men's baseball at a NCAA member institution.
- Less than ten in 100, or about 9.4 percent, of NCAA senior male baseball players will get drafted by a Major League Baseball (MLB) team.
- Approximately one in 200, or approximately 0.45 percent of high school senior boys playing interscholastic baseball will eventually be drafted by an MLB team.

Men's Ice Hockey

- Approximately 11 in 100, or about 11 percent, of high school senior boys interscholastic ice hockey players will go on to play men's ice hockey at a NCAA member institution.
- Less than 1 in 27, or about 3.7 percent, of NCAA senior male ice hockey players will get drafted by a National Hockey League (NHL) team.
- Less than one in 300, or approximately 0.32 percent of high school senior boys playing interscholastic ice hockey will eventually be drafted by an NHL team.

Men's Soccer

- Less than three in 50, or about 5.5 percent, of high school senior boys interscholastic soccer players will go on to play men's soccer at a NCAA member institution.
- Less than one in 50, or about 1.7 percent, of NCAA senior male soccer players will be drafted by a Major League Soccer (MLS) team.
- Approximately one in 1,250, or approximately 0.07 percent of high school senior boys playing interscholastic soccer will eventually be drafted by an MLS team.

Methodology

- To calculate the estimated probability of competing in athletics beyond the high school interscholastic level, data from several sources were combined. First, the estimated number of high school student-athletes participating interscholastically in the sports having a major professional league in the United States was obtained from the National Federation of State High School Associations. To calculate the number of high school seniors participating interscholastically in those sports, the total number of high school student-athletes participating was divided by 3.5. This figure was used because some high schools are three-year high schools while others are four-year high schools.
- The estimated number of NCAA student-athletes competing in the sports with major professional leagues in the United States was obtained from the NCAA's 1982-06 Participation Statistics Report. To estimate the number of NCAA roster positions in these sports available to an incoming freshmen class, the total number of NCAA student-athletes participating was divided by 3.5. This figure was used because current player attrition will leave more roster positions open than would be expected due to normal graduation. To estimate the number of NCAA senior student-athletes participating in those sports, the total number of NCAA student-athletes participating was divided by 4.5. This figure was used because student-athletes participating in these sports often red shirt and therefore are on the team for five years. The number of college student-athletes drafted by the major professional sport leagues in the United States was calculated using the most recent draft data for each league.
- To calculate the probability of a high school senior going on to participate for a NCAA institution in these sports, the estimated number of open NCAA roster positions was divided by the estimated number of high school seniors participating interscholastically in these sports. To calculate the probability of a NCAA senior student-athlete being drafted by a professional team in these sports, the number of NCAA student-athletes drafted into these professional leagues was divided by the estimated number of NCAA senior student-athletes participating in these sports. To calculate the probability of a high school senior student-athlete eventually being drafted by a professional team in these sports, the number of NCAA senior student-athletes drafted by a United States professional league in these sports was divided by the estimated number of high school seniors participating interscholastically in these sports. All probabilities were multiplied by 100 to convert them to percentages.
- Obviously, many assumptions and estimations are made in the process of calculating these figures. Therefore, the reader should not consider these figures to be exact, but instead should view these figures as educated calculations.

Last Updated 2/16/07

ATHLETIC DEPARTMENT DISCIPLINARY POLICY

Participation in athletics is a privilege. Individuals who earn the right to represent their school through athletics are expected to abide by the rules established for the general student population as stated in the Westwood student handbook.

- **In the event that the school administration places an athlete on disciplinary suspension the athlete will not be permitted to practice or play during the suspension.**
- **In addition, any suspension from an athletic team will be communicated and forwarded to the appropriate school administrator.**
- **Each team is subject to their own set of “team rules” which are to be communicated with parents, the athletic department, and school administration.**

In addition to district policy, the following athletic department disciplinary procedures will apply for the following violations:

1.) Possession or use of illegal substances including alcohol and drugs including any performance enhancing supplements as listed in the handbook under Banned Substances:

First Offense

Suspension from all athletic contests (games), scrimmages, for a minimum of two weeks (14 days)

Meeting with student-athlete’s counselor for assessment and possible referral. If the offense occurs within the last two weeks of the season, the balance of the suspension will be served in the next regular season, beginning with the first contest.

Second Offense

Dismissal from the team for the remainder of the season.

The athletic department and school administration will review continuation in athletics.

Reinstatement is subject to these findings. Penalty may include forfeiture of all remaining eligibility.

2. Theft Charges:

First Offense

Immediate suspension from all athletic participation until the athletic department and school administration review all information. Reinstatement is subject to these findings. Penalty will be appropriate with the situation ranging from administrative conference to a two-week suspension.

3. Destruction of property:

First Offense

Suspension of the team until complete restitution is made. The nature of the restitution is subject to the form of destruction. It may involve work detail as well as financial considerations.

Second Offense

Suspension from one week up to and including dismissal from the team.

4. Sale or distribution of any substance for illicit purposes:

First Offense

Dismissal from the team for the remainder of the season.

The athletic department and school administration will review continuation in athletics.

Reinstatement is subject to these findings. Penalty may include forfeiture of all remaining eligibility.

5. Vulgar language, fighting or other forms of behavior, which bring embarrassment to the team and the school:

First Offense

Penalty will be appropriate with the situation ranging from administrative conference to suspension.

Second Offense

One-week suspension to dismissal from the team.

Third Offense

Dismissal from the team.

6. Student Hazing:

The department believes that hazing activities of any type are inconsistent with the educational process and prohibits all such activities at any time in school facilities, on school property, and at any District sponsored event. Hazing shall be defined as any act of coercing another, including the victim, to perform any act of initiation into any class, group or organization that causes or creates a risk of causing mental, emotional, or physical harm. Permission, consent, or assumption of risk by an individual subjected to hazing shall not lessen the prohibitions contained in this policy.

First Offense

Conference with the student to discuss policies and offensive behavior, parent contact, discipline appropriate to situation (suspension from practice and/or games). Communication of all suspensions from the athletic teams will be forwarded to the appropriate administrative staff.

Second Offense

One week suspension to dismissal from the team

7. Weapons:

See School Handbook

8. Cell Phone and Internet:

No cell phones are allowed to be used in locker rooms for the purpose of transmitting electronic photography. The internet is public domain and subject to administrative review and discipline. This will be evaluated on a case-by-case bases.

9. Last Game of the Season:

If a student athlete, is a senior, and does not participate in any other sports, has a violation in their last game, they are not a member in good standing with the team. As a result they will not be awarded a Varsity Letter. They may complete community service deemed appropriate by the athletic director and coach to obtain the varsity letter.

10. Dismissal Procedure:

Prior to removing an athlete from the team for the remainder of the season, the coach and the athletic administration will review all circumstances. The athlete's parent/guardians will be contacted and advised. Reinstatement to the athletic program is subject to review by the athletic department and school administration.

NCAA Banned-Drug Classes

The NCAA list of **banned**-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.** Many nutritional/dietary supplements contain NCAA **banned** substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete’s own risk. Student-athletes should contact their institution’s team physician or athletic trainer for further information.

Bylaw 31.2.3. Banned Drugs

The following is a list of **banned**-drug classes, with *some examples of substances under each class. No substance belonging to the **banned** drug class may be used, regardless of whether it is specifically listed as an example.*

(a) Stimulants:

amiphenazole
methylenedioxyamphetamine
amphetamine
(MDMA, ecstasy)
bemigrade
methylphenidate
benzphetamine
nikethamide
bromantan
pemoline
caffeine
1
(guarana)
pentetrazol
chlorphentermine
phendimetrazine
cocaine
phenmetrazine
cropropamide
phenentermine
crothetamide
phenylephrine
diethylpropion
phenylpropanolamine (ppa)
dimethylamphetamine picrotoxin
doxapram
pipradol
ephedrine
prolintane
(ephedra, ma huang) strychnine
ethamivan
synephrine
ethylamphetamine
(citrus aurantium, zhi shi, bitter
fencamfamine
orange)
meclofenoxate

and related compounds

methamphetamine

The following stimulants are not **banned:**

phenylephrine
pseudoephedrine

(b) Anabolic Agents:

anabolic steroids

androstenediol
gestrinone
androstenedione
mesterolone
boldenone
methandienone
clostebol

methyltestosterone
dehydrochloromethyl-
nandrolone
testosterone
norandrostenediol
dehydroepiandro-
norandrostenedione
sterone (DHEA)
norethandrolone
dihydrotestosterone
oxandrolone
(DHT)
oxymesterone
dromostanolone
oxymetholone
epitrenbolone
stanozolol
fluoxymesterone
testosterone
2
tetrahydrogestrinone (THG)
trenbolone

and related compounds

Other anabolic agents

clenbuterol

(c) Substances **Banned** for Specific Sports:

Rifle:

alcohol
pindolol
atenolol
propranolol
metoprolol
timolol
nadolol

and related compounds

(d) Diuretics and other urine manipulators:

acetazolamide
hydrochlorothiazide
bendroflumethiazide
hydroflumethiazide
benziazide
methyclothiazide
bumetanide
metolazone
chlorothiazide
polythiazide
chlorthalidone
quinethazone
ethacrynic acid
spironolactone
flumethiazide
triamterene
furosemide
trichlormethiazide

and related compounds

(e) Street Drugs:

heroin
tetrahydrocannabinol
marijuana

3
(THC)
3

(f) Peptide Hormones and Analogues:

corticotrophin (ACTH)
growth hormone (hGH, somatotrophin)
human chorionic gonadotrophin (hCG)
insulin like growth factor (IGF-1)
leutenizing hormone (LH)

(all the respective releasing factors of the above-mentioned substances also are **banned.)**

erythropoietin (EPO)

sermorelin

darbypoetin

(g) Anti-Estrogens

anastrozole
clomiphene
tamoxifen

and related compounds

INSURANCE

For student athletes without insurance there are reasonably priced voluntary student accident insurance plans. Our objective is not to sell insurance but to inform parents and guardians that there are alternatives for those who have no medical coverage. It is recommended that all student athletes be insured before participating in athletic activities.

POTENTIAL DANGERS IN ATHLETIC PARTICIPATION

INFORMED CONSENT: By its nature, participation in interscholastic athletics includes risk of injury, which may range in severity from sprains and strains to permanent disability and death. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

SEVERE WEATHER EMERGENCIES: Please check our website for game cancellations due to severe weather.

SCHOOL EQUIPMENT

Students are responsible for all equipment issued to them. Athletic uniforms, practice and game, are supplied for the sole purpose of athletic participation. This equipment is not to be used for any other purpose. When the season is completed all equipment is to be returned to the school. There are no exceptions to this policy. The theft of school equipment is larceny and Michigan Law regards larceny as a felony. Lost equipment or uniforms will be billed to the student. Unpaid athletic debts will result in that student being banned from playing future sports until all debts are paid. School administration has the right to apply additional actions in the effort to secure school owned equipment.

TRANSPORTATION

All students are expected to ride the approved vehicle to and from each out of district activity. If a parent/guardian chooses to drive their own child home from a contest, this would be acceptable under the condition that these arrangements are made with the appropriate staff (coach) prior to the field trip. The parent/guardian must sign a permission slip indicating that these are the confirmed arrangements. This will assure that the coach is aware of any students who will not be returning on the approved vehicle. It is not acceptable for a student to drive home from a school-sponsored activity with anyone other than his or her parent/guardian unless there is a signed waiver on file in the athletic office for that specific trip. If a student is not riding home with their parent or guardian, it is expected they will ride home on the approved vehicle.

QUESTIONS

Team information will be posted outside of the athletic office. In addition, please feel free to contact the following for more information:

Robichaud Athletic Office

313-565-2382

ATHLETIC SCHEDULES

You may access all athletic schedules by logging onto: www.bulldogcountry.org

SPORTS BY SEASON – Open or Tryouts

The athletic department acknowledges that the process of cuts is difficult for all involved. To that end a series of recommendations to the coaching staff is shared each season. All athletes will be selected based on known criteria and will be informed of their standing at the end of the tryout period, normally 3-5 days in length. Special consideration may be afforded to athletes injured in a previous season or too ill to tryout. Again, we remind the student-athlete and their parent/guardian that there are opportunities to participate in other programs each season and/or to possibly be a part of the team in another capacity such as team manager, statistician or student trainer.

REMINDER – Prior to participating, students must have on file, in the school’s athletic office, a physician’s statement for the current school year certifying that he/she is physically able to compete in athletic practices. Students may not tryout or practice until a physical form is on file.

BOLD = POTENTIAL ATHLETIC OPPORTUNITIES

FALL

BOYS FOOTBALL
BOYS CROSS COUNTRY
GIRLS VOLLEYBALL
GIRLS CROSS COUNTRY
BOYS TENNIS

WINTER

BOYS BASKETBALL
GIRLS BASKETBALL
WRESTLING
GIRLS BOWLING
BOYS BOWLING

SPRING

BOYS BASEBALL
GIRLS TENNIS
BOYS TRACK
GIRLS TRACK
GIRLS TENNIS
GIRLS SOFTBALL

CO-ED BASKETBALL (4TH & 5th - 6th)
CO-ED FLAG FOOTBALL (4th & 5TH - 6TH)

STARTING DATES FOR PRACTICE/TRYOUPS:

Visit the MHSAA website at: www.mhsaa.com

Quick Reference Calendar

ADHERENCE TO THE WESTWOOD COMMUNITY SCHOOLS ATHLETIC PROGRAM CODE OF CONDUCT AND ACKNOWLEDGEMENT

Name _____

Grade _____

Birth date _____ Age _____ Grade _____

Parent/Guardian's Name _____ Phone Number (____) _____

Home address _____ City _____ Zip _____

Daytime Phone Number _____ Alternate Phone _____

Sport _____

Statement of understanding – Please read carefully and sign below:

1. I (the student athlete) have read, I understand, and I will adhere to the Westwood Community School District. Athletic Handbook.
2. I (the parent(s)/guardian(s)) have read, I understand, and I will adhere to the Westwood Community School District Athletic Handbook.

_____ Parent's/guardian's Signature	_____ Date
_____ Parent's/guardian's Signature	_____ Date
_____ Player's Signature	_____ Date